

Patient Centered Medical Home and Behavioral Health Integration

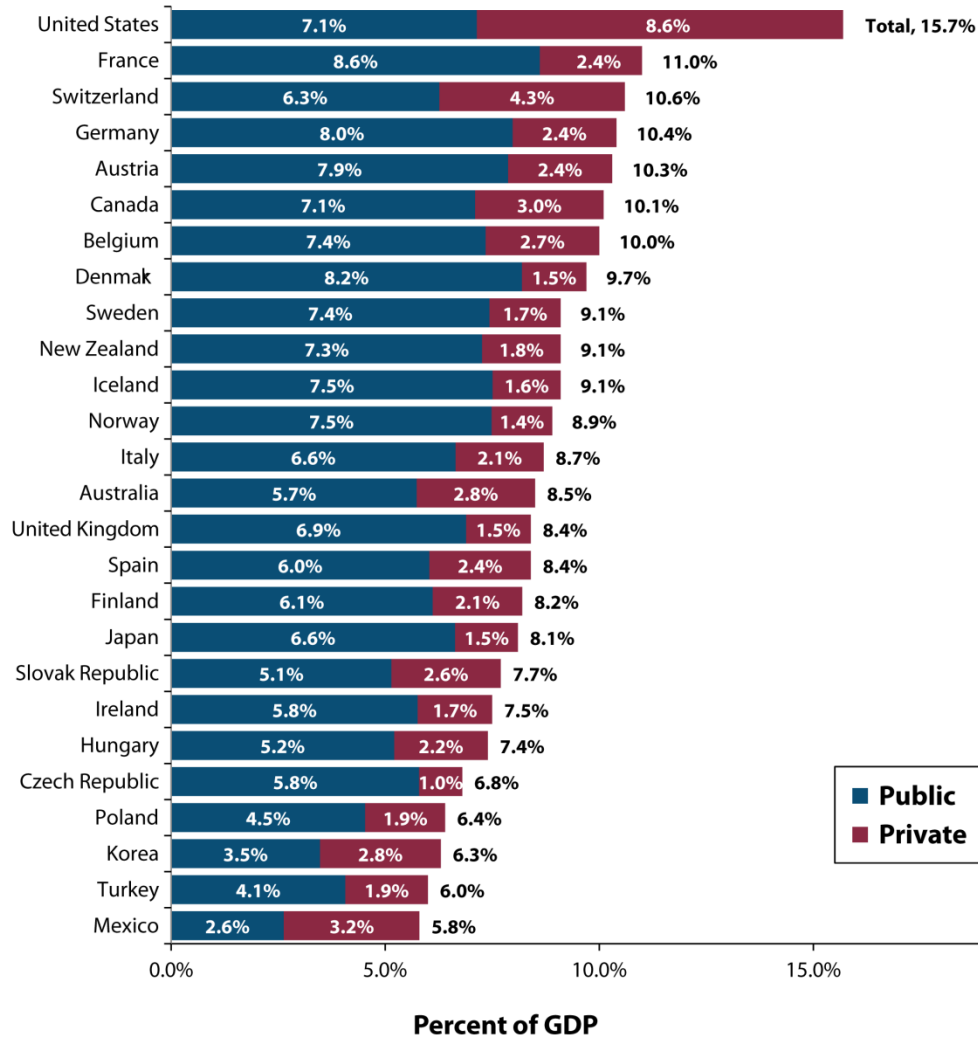
2014 Alaska Maternal Child Health
& Immunization Conference

“Advancing Wellness Across the Lifespan”

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United States spends more than any other country on health care

Public and private expenditures on health care spending (as percent of GDP), 2007*



Note: Because of insufficient data, Chile, Greece, Luxembourg, Netherlands and Portugal not shown.

Source: EPI analysis of Organization for Economic Cooperation and Development Health Data.

Defining the PCMH

The medical home encompasses five functions and attributes:

- 1. Comprehensive Care**
- 2. Patient-Centered**
- 3. Coordinated Care**
- 4. Accessible Services**
- 5. Quality and Safety**

Why the Medical Home Works: A Framework



Mental Health & Medical Home

Mental Health & Medical Home

Sample Results/Evidence

- **Alaska Native Medical Center, Anchorage, AK**
 - 50% fewer urgent care and emergency room (ER) visits
 - 53% fewer hospital admissions
 - 65% reduction in specialist utilization
- **Capital Health Plan, Tallahassee, FL**
 - 40% fewer inpatient stays
 - 37% fewer ER visits
 - 18% lower health care claims costs
- **Geisinger Health System, Danville, PA**
 - 25% fewer hospital admissions
 - 50% fewer hospital readmissions
 - 7% lower cumulative total spending
- **Group Health of Washington, Seattle, WA**
 - 15% fewer inpatient stays
 - 15% fewer hospital readmissions
 - Estimated costs savings of \$15 million (2009-10)
 - 18 - 65% improvements in medication management