

Advancing Adolescent Wellness Panel

September 27, 2016

2:45-3:45 PM

King Salmon/Iliamna at the Anchorage Hilton

Resiliency Informed Sexual Wellness Lesson Package

(Anna Meredith & Zane Boyer) 907-235-3436

recroom@kbfp.org



Strengths

1. Youth Adult partnership
2. Strength based approaches

Key Topics

1. Resiliency
2. Non-Judgmental Approach
3. Positive Youth Development

Comments or Questions?

Comments or Questions?

Native it's Your Game (Jennifer Williamson)

907-729-4596 jjwilliamson@anthc.org

Strengths

1. Culturally relevant, age appropriate
2. Adapted, middle school, evidence-based
3. Positive outcomes

Key Topics

1. Setting personal limits
2. Handling peer pressure
3. Avoiding unplanned pregnancy and STI
4. Substance abuse.



ALASKA NATIVE
TRIBAL HEALTH
CONSORTIUM

Safe in the Village (Jaclyne Richards)

907-729-2971 jkrichards@anthc.org

Strengths

1. Developed with communities
2. Culturally relevant, age appropriate
3. Adaptable for various settings

Key Topics

1. Healthy relationships
2. Safe behaviors program
3. For rural Alaskan youth ages 15-19.



ALASKA NATIVE
TRIBAL HEALTH
CONSORTIUM

Comments or Questions?

Advancing Adolescent Wellness Panel

Comments or Questions?

Alaska Promoting Health Among Teens (Jennifer Baker)
907-269-4517 jennifer.baker@alaska.gov



Strengths

1. Peer Based model
2. Adapted and Evaluated for Alaska
3. Comprehensive - includes abstinence

Key topics

1. Positive Youth Development
2. Peer led, youth empowerment
3. Fact-based and medically accurate



Fourth R for Healthy Relationships (Katie Reilly)

907-269-4921 katie.reilly@alaska.gov

Strengths

1. Classroom based
2. Flexible
3. Evidence-based

Key topics

1. Healthy relationships
2. Substance abuse
3. Sexuality



THE ALASKA FOURTH R PROGRAM
Lesson plans focused on healthy relationships.

Comments or Questions?

Comments or Questions?

Friendships & Dating Program (Julie Atkinson)

907-272-8270 juliea@alaskachd.org |

karenw@alaskachd.org

Strengths

1. Innovative
2. Requires 14 Hrs of training
3. Connects participants to community
4. Equal focus on prevention and skills acquisition
5. Situational skills and behavior practice

Key Topics:

1. Healthy and meaningful relationships
2. Relationship violence prevention for individuals with intellectual and developmental disabilities

Other comments or notes: